

MINNEWANKA LOOP

The Lake Minnewanka scenic drive is a loop located just north of the Banff townsite and is the access point to a myriad of stunning vistas and mountain lakes. To access on your e-bike, follow the Legacy Trail out via the East Banff Entrance, parallel to Banff Avenue. As you approach the Highway 1 overpass continue along the Legacy Trail as if you were heading to Canmore. Once parallel to Highway 1, there is an underpass on your left which connects to Cascade Ponds. From this point, you can access the Lake Minnewanka Loop and travel along this dedicated cycle lane.

Two Jack Lake

22 km / 13.5 mi (return)

Suggested Rental Time: min half day

Two Jack Lake is a summer hot spot along the Minnewanka Loop, popular with campers, canoers, fishers and more. With views of Mt Rundle and simultaneously clear and vibrantly blue water, the appeal is apparent. Whether skipping rocks or stopping for a picnic lunch, there are many ways to enjoy this mountainous setting.

Johnson Lake

23 km / 14 mi (return)

Suggested Rental Time: min half day

The warmest of three lakes on the Minnewanka Loop, this is a popular swimming spot with both visitors and locals. With a hilly bike ride to get you there, you may just want to test the mountain waters to cool off. New washroom facilities and picnic tables make it a convenient rest stop for lunch or snacks.

Minnewanka Loop

25 km / 15.5 mi

Suggested Rental Time: full day

Sit back and enjoy the ride as stunning mountain scenery unfolds before you along this full loop. Work your way along the west side of the loop with a stop to explore the interpretive trails of historic Bankhead, a small coal mining town that existed in the early twentieth century. Continue along the loop until you reach Lake Minnewanka. Hop on a lake cruise or grab some ice cream to enjoy shoreside while you're here. Carry along to Two Jack Lake and Johnson Lake and end your loop at the quaint Cascade Ponds picnic area. Consider bringing a picnic lunch and your swimsuit for a full day mountain adventure.



BANFF LEGACY TRAIL

Legacy Trail to Valleyview Picnic Area

26 km / 16 mil (return)

Suggested Rental Time: min half day

Connecting Banff and Canmore this cruisey trail runs adjacent to the Trans-Canada Highway. Because of its popularity, the trail hosts commuters, day-trippers, athletes-in-training, and even runners. Before the curve and the big hill, make sure to stop and check out the beaver lodge and series of beaver dams located between the path and the train tracks. About halfway between Banff and Canmore the Valleyview picnic area features amenities including picnic tables, washrooms and the classic Parks Canada Red Chairs. This is a great destination, viewpoint and rest stop along the trail.

Legacy Trail to Canmore

44 km / 26 mi (return)

Suggested Rental Time: full day

Make a day of it by biking the full length of the trail to Banff's neighbouring town, Canmore. Here you can take in their unique mountain vibe, peruse the unique shops, galleries and boutiques throughout the downtown area. Or, enjoy some relaxation on a summer patio at one of the many local coffee shops and cafes, or partake in the craft brew scene with a flight of samplers.

Plan for a day of sightseeing and riding to Canmore and back. Roam Transit is unable to carry bikes inside and e-bikes do not fit on the front rack. Enjoy a full day of adventure between two mountain towns.



VERMILION LAKES BOW VALLEY PARKWAY

Vermilion Lakes

12 km / 7.5 mi

Suggested Rental Time: min half day

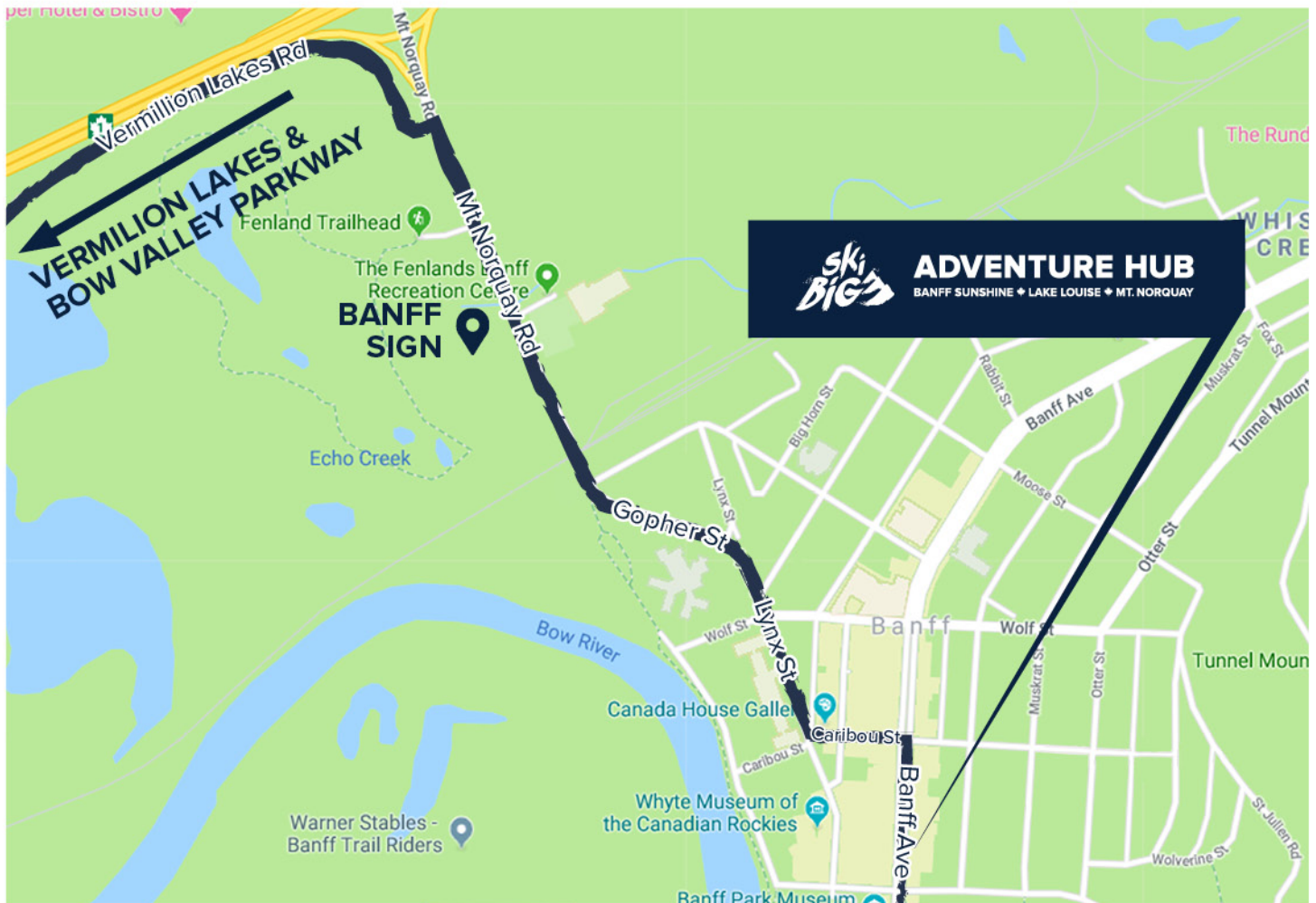
This popular and easy route sports spectacular views and great opportunities to view wildlife. Start your journey by exiting the Banff townsite via the west entrance towards Mt Norquay. Make sure to stop at the famous BANFF sign located across from the Fenlands Recreation Centre. Before you hit the Trans-Canada highway, you can exit left and connect onto the Vermilion Lakes road. This quiet road curves along-side a series of three lakes and offers plenty of areas to stop and enjoy the incredible views. At the end of the third lake, the road links onto the Legacy Trail heading west towards the Bow Valley Parkway.

Bow Valley Parkway to Johnson Canyon/ Castle Mountain Junction

66 km / 41 mi (return)

Suggested Rental Time: full day

If there was ever a time to cycle this route, this is the year! The eastern section of the Bow Valley Parkway is closed to all vehicle traffic for the entire 2020 summer season to allow more space for cyclists, hikers and walkers. Ride along the Vermillion Lakes Drive as described above then connect onto the Legacy Trail and Bow Valley Parkway. Once on the parkway continue to head west and taking the full day to explore at the many interpretive spots, look-outs, viewpoints and trail heads. You can spend a whole day exploring this road right to Castle Mountain Junction. While you can purchase food items at both Johnson Canyon and Castle Mountain Junction, we recommend bringing snacks, lunch and plenty of water for your journey.



BANFF AREA

Tunnel Mountain Loop

13 km / 8 mi

Suggested Rental Time: half day

The Tunnel Mountain Loop is your best Banff bang for buck route within the town site. Starting on Buffalo Street and Banff Avenue, work your way up to Surprise Corner for a beautiful view of a castle in the mountains. From there, continue up Tunnel Mountain Road until you reach the HooDoos view point. Continue along as Cascade Mountain comes into view. From there connect on the Legacy Trail as you ride your way back to Banff Avenue.

INSIDER TIP: Take a rest break at the HooDoos and walk the short trail to some of Banff's geographical wonders! Plus, you'll get up close views of the Rundle range from a different perspective.

Golf Course Loop

14.5 km / 9 mi

Suggested Rental Time: half day

Bow Falls begins the journey of this gentle, meandering loop along the Banff Springs Golf Course. With less traffic than many other public roads, this is a great beginner route that allows you to enjoy the seclusion of nature and take in every detail. Some stops along the loop run adjacent to the Bow River, and are a great place to take a short break.

INSIDER TIP: End your bike ride with a visit to the Waldhaus and snag a spot on their patio. Their infamous 'das boot' of German beer is one way to celebrate, but make sure you have a friend (or three) to share!

